# Newcastle west R.F.C Club rules

- 1. (a) The name of the club shall be Newcastle West Rugby Football Club.
  - (b) The colours of the club shall be black and white jerseys, black shorts and black and white stockings. All members representing the club must play in full club colours.
- 2. The club is formed to provide for its members a rugby football pitch and pavilion for the playing of rugby football and such other sports and activities as, from time to time, maybe decided by the committee and to provide the members with a club house and other amenities suitable and incidental to the club.
- 3. The property of the club shall be vested in four trustees who shall be elected at the Annual general meeting of the club, and who shall hold office until death, resignation or removal from office by a resolution of the committee or the members. Casual vacancies in the trustees may be filled by the committee pending the next AGM at which such person so nominated, shall retire but shall be eligible for election.
- 4. The officers of the club shall consist of the following:

President
Chairperson
Honorary Secretary
Honorary Treasurer
Youths Officer
Fixtures Secretary
Public Relations officer

Who shall be elected at the Annual general meeting. The office of president shall be limited to a one year term. The Honorary treasurer may serve for 5 consecutive years but must then resign from the position for a period of at least one year before seeking re-election if so desired.

- 5. The committee shall consist of the officers of the club, the 4 trustees, such number of Honorary Vice-Presidents as the committee may from time to time decide Six other members of the club who shall be elected at the AGM, the junior teams Liaison officer the captain of the first and second xv: in these people, shall be vested the general meeting, business and affairs of the club.
- 6. The Chairman is responsible for the ultimate achievement of the strategic ambitions of the club as well as the overall management of its operational activities. He/she will chair meetings and act as senior club officer throughout the year, by making decisions whenever the need arises, in consultation with other club officers when appropriate. The chairperson shall have the casting vote in the event of a tied vote at committee meetings.
- 7. The honorary secretary manages, processes and maintains a record of all incoming and outgoing correspondence and club documents. In addition, He/she records the deliberations and decisions of the club committee. He/she will be responsible for the day to day business and administration of the club, maintaining records of all members and former members of the club, providing such club details as required by the IRFU/branch, managing and ensuring action on club correspondence including legal and insurance matters organising the AGM and club meetings. The honorary Secretary is also responsible for the accurate record keeping and circulation of the minutes from meetings.
- 8. The Honorary Treasurer is responsible for maintaining the integrity and accurate recording of the club's Financial position. He/she is responsible for the management of the club finances in accordance with the decision of the executive committee, recommending action on financial matters to the committee, colleting subscriptions and all moneys due to the club, paying bills on behalf of the club and recording the information, keeping up to date records of all financial transactions, ensuring all cash and cheques are promptly lodged to the clubs account/accounts, ensuring funds are spent properly and reporting regularly to the committee on the financial position of the club.
- 9. The club shall not incur any single expenditure exceeding 20,000 euro without the consent in writing of the trustees of the club.
- 10. The committee shall have the power to remove any person from office or position he/she holds in the club, if he/she is not performing his/her duties, or discharging his/her responsibilities to the satisfaction of the committee. The action will require a 2/3 majority of the committee vote.

- 11. The committee shall have the power to fill any vacancy which may arise in their own number by co-opting a full member on to the committee. The committee shall also have the power to co-opt no more than 3 additional members to the committee if it so desired.
- 12. The committee shall meet at least monthly and at such times may be required. Six committee members are required to form a quorum.
- 13. Any player can become a member of Newcastle West RFC upon payment of the annual subscription, subject to ratification by the committee. No player can play for Newcastle West RFC until a fully paid up and registered member and any member wishing to play for another club must first get the sanction of the committee.

There shall be four classes of memberships as follows;

- A. Vice President
- B. Adult
- C. Student/unemployed
- D. Underage (underage are not entitled to vote at AGM/EGM)
- 14. The annual subscription for all classes of membership shall be decided at the AGM. The annual subscription shall be due by the 1<sup>st</sup> of September each year. An adult member whose subscription remains unpaid by 1<sup>st</sup> of march the current season shall not be entitled the following;
  - a. Vote at the AGM.
  - b. Propose or second a motion for the next AGM.
  - c. Go forward for election to the committee at the next AGM.
  - d. Propose or support a member seeking election at the next AGM.
- 15. The committee shall be the sole judges as to whether any person proposed shall become a member or not and their decision shall be final and binding. In the case of refusal, the committee shall not state, or be asked to state, the reason for the decision.
- 16. Any committee member wishing to resign from their position must send a written notice to the effect to the Honorary secretary and pay any monies due.
- 17. The Annual General Meeting of the club shall be held not later than June 30<sup>th</sup> and all members of the club will be notified of the meeting by post or electronic means, at least 21 days in advance. The quorum for an AGM is 30 Paid up members.

- 18. Any motion to change or amend the rules of the club (the Constitution) must be delivered in writing to the honorary Secretary of the club no later than 14 days before the holding of the AGM. Motions will be accepted up to 9pm on the evening in question. The Chairman of the Annual General Meeting shall be entitled to accept any amendment to a notice of motion which is within the scope of the said motion. Any motion or amendment to change the rules of the club requires at least a 2/3 majority.
- 19. A special General Meeting (EGM) of the club may be called upon the signed requisition of not less than 20 paid members of the club. Specifying the reason for calling such a meeting in writing to the Honorary Secretary. Such a meeting must take place within 4 weeks of the request, and a minimum of 14 days' notice will be given to all members of the club of the business to be brought forward at such meetings. No other business will be transacted at the meeting.
- 20. Nominations for officer's positions must be delivered in writing, signed by proposer and seconder, to the honorary secretary of the club, no later than 7 days before the AGM. Nominations will be accepted up to 9pm on the night in question. Nominations for officer positions will not be accepted on the night of the AGM: candidates for all other committee positions can be proposed and seconded on the night of the AGM.

Above are all the rules of the club following the A.G.M in Killeline Clubhouse on Wednesday June  $25^{\rm th}$  2014

### CODES OF CONDUCT FOR PLAYERS

1

Play for enjoyment and become part of the rugby family.

2

Respect the "Game of Rugby" and play within the Laws of the Game.

3

Accept the referee's decision and let your captain or coach ask any relevant questions.

Δ

Play with control. Do not lose your temper.

5

Always do your best and be committed to the game, your team and your club.

6

Be a "good sport". Applaud all good play whether by your team or the opposition.

7

Respect your opponent. Treat all players as you would like to be treated. Do not "bully" or take advantage of any player.

8

Rugby is a team sport and make sure you co-operate with your coach; team mates and members of your club.

9

Remember that the goals of the game are to have fun, improve your skills and feel good.

**10** 

At the end of the match thank your opponents and the referee for the match.

11

Always remember that you owe a duty of care to your opponents. Tackle hard but fairly, do not intend to hurt your opponent.

12

Winning and losing is part of sport: Win with humility – lose with dignity.

13

As part of the team it is important that you attend training regularly and listen to your coach and help your team.

14

As a team sport it is important to understand that all members are important to the team!

15

Remember you are representing your team, club, family and the Game of Rugby.

#### **CODES OF CONDUCT FOR PARENTS**

1

Remember, young people play rugby for their enjoyment, not only yours.

2

Encourage your child always to play by the Laws of the Game.

3

Teach young children that honest endeavour is as important as winning, so that the result of each game is accepted without disappointment.

4

Help young people to work towards skill improvement and good sportsmanship.

5

Set a good example by applauding good play on both sides.

6

Never ridicule, humiliate or shout at young players for making a mistake or losing a match.

7

Do not place emphasis on winning at all costs.

8

Do not force an unwilling child to participate in the playing of rugby. If the child is to play, he/she will do so in good time through your encouragement.

9

Support all efforts to remove verbal & physical abuse from rugby.

10

As a spectator do not use profane language or harass referees, coaches or players.

11

Do not publicly question the referee's judgement and never their honesty.

12

Recognise the value and importance of volunteer referees and coaches.

13

Identify and acknowledge the good qualities of the Game of Rugby and uphold these values.

14

Remember you and your child's contribution to the Game of Rugby is very important to the IRFU and be proud of your contribution.

15

Understand the value of team sport and its importance.

#### CODES OF CONDUCT FOR SPECTATORS

1

Remember that although young people play organised rugby they are not "miniature internationals".

2

Be on your best behaviour and lead by example. Do not use profane language or harass referees, players or coaches.

3

Applaud good play by the visiting team as well as your own.

4

Show respect for your team's opponents. Without them there would not be a match.

5

Condemn the use of violence in all forms at every opportunity.

6

Verbal abuse of players or referees cannot be accepted in any shape of form.

7

Players or referees are not fair targets for ignorant behaviour.

8

Encourage young players to play by the Laws of the Game.

9

Spectators can contribute to the enjoyment of the event and all involved.

10

Be proud of your club and the Game of Rugby.

#### CODES OF CONDUCT FOR COACHES

1

Remember that as a coach of an "age grade team" you are acting "in loco parents" and that you have a duty of care to all your players.

2

Lead by example - young people need a coach they can respect as a Role Model.

3

Be generous with your praise and never ridicule, shout at players for making mistakes or losing a match.

4

Teach your players that the Laws of the Game are mutual agreements which no one should evade or break.

5

Ensure that you are appropriately qualified by gaining the relevant coaching accreditation for your particular level.

6

Be reasonable in your demands on the players' time, energy and enthusiasm.

7

Encourage respect for all participants – team mates and opponents, as well as match officials.

8

Create a safe and enjoyable environment in which to train and play.

9

Always follow professional medical advice in determining when an injured player is ready to play again.

**10** 

Develop policies for your club / team to agree procedures regarding discipline, injury prevention & treatment, team selection etc.

11

Be responsible and ensure you uphold the ethos of the game and the IRFU.

**12** 

Support the IRFU Child Welfare Policy and all policies regarding Children in Sport.



### Newcastle west RFC

**Rules** 

**And** 

**Codes of conduct**