



## **KILLEEDY CAMOGIE ANTI-BULLYING POLICY STATEMENT**

Killeedy Camogie aims to create a supportive environment where any form of bullying is unacceptable.

We adopt a whole organisational approach to addressing bullying, including cyberbullying, and are committed to implementing structures and relevant training to deal with allegations of bullying. Incidents of bullying are regarded as serious breaches of our Code of Behaviour (Underage). We are committed to achieving an ethos of respect so as to maximise the potential of all our members when playing or participating in our Gaelic Games.

### **DEFINITION**

Bullying is defined as repeated aggression, be it verbal, psychological, physical or online, conducted by an individual or group against others.

### **KILLEEDY CAMOGIE CLUB SEEKS TO ENSURE THAT:**

- Incidents of bullying behaviour are addressed appropriately
- All persons in membership of the Association or attending our games or activities are aware that bullying behaviour is unacceptable in the club.

### **DEALING WITH BULLYING**

The Code of Behaviour when working with underage players provides good practice guidance in relation to the prevention of bullying. If you are aware of or have a concern that bullying behaviour is happening within your Club you should report the matter to your Club Children's Officer. We recognise that incidents of bullying are a breach of the Code of Behaviour and of our Give Respect - Get Respect initiative and all such incidents will be dealt with accordingly.

Club Children's Officer: *Catriona Casey*

Assistant Children's Officer: *Sharon Kelly*

Date: February 2023

Name of Club: Killeedy Camogie Club



# Killeedy Camogie Code of Behaviour

## Young Players

ALL Players and those who work with them in Killeedy Camogie are required to 'sign up' and abide by this Code of Behaviour and to any other policies or codes in our Club.

### **YOUNG PLAYERS SHOULD BE ENTITLED TO:**

- Be safe and feel safe.
- Have fun and experience a sense of enjoyment and fulfilment.
- Be treated with respect, dignity and sensitivity.
- Comment and make suggestions in a constructive manner.
- Be afforded appropriate confidentiality.
- Participate in games and competitions at levels with which they feel comfortable.
- Be afforded adequate and meaningful playing time to assist in the development of their playing skills, within their own age group and in accordance with Rule.
- Make their concerns known and have them dealt with in an appropriate manner.
- Be protected from abuse.
- Be listened to.

### **YOUNG PLAYERS SHOULD ALWAYS:**

- Play fairly, do their best and enjoy themselves.
- Respect fellow team members regardless of ability, cultural or ethnic origin, gender, sexual orientation or religion beliefs.
- Support fellow team members regardless of whether they do well or not.
- Represent their team, their Club and their family with pride and dignity.
- Respect all Coaches, Officials and their opponents.
- Be gracious in defeat and modest in victory.
- Shake hands before and after a game as part of the Give Respect Get Respect initiative, irrespective of the result.
- Inform their Coach/Mentor/Manager in advance if they are unavailable for training and games.
- Take due care of Club equipment.
- Know that it is acceptable to talk to the Club Children's Officer with any concerns or questions they may have.
- Adhere to acceptable standards of behaviour and their Club's Code of Discipline.
- Tell somebody else if they or others have been harmed in any way.

### **YOUNG PLAYERS SHOULD ENGAGE IN GOOD PRACTICE:**

- Never cheat – always play by the rules.
- Never shout at or argue with a game's official, with their Coach, their team mates or opponents and should never use violence.
- Accept the decisions of referees and other officials.
- Never use unfair or Bullying tactics to gain advantage or isolate other players. This also includes cyberbullying.
- Never spread rumours. • Never tell lies about adults or other young people.
- Never play or train if they feel unwell or are injured.
- Never use unacceptable language or racial and/or sectarian references to an opponent, a fellow player or official by words, deeds, gesture or on social media platforms.
- Never consume non-prescribed drugs or performance enhancing supplements.
- Never use social media to discuss teammates, opponents, coaches, match officials or other individuals. Cyberbullying or any other form of bullying will not be tolerated by the club and the player will face disciplinary action by the club.

Parent/Guardian Signature : \_\_\_\_\_

Childs Name: \_\_\_\_\_

Date: \_\_\_\_\_



# Killeedy Camogie Code of Behaviour

## *Coaches, Mentors and Trainers*

All Coaches, Mentors and Trainers (referred to hereafter as Coaches) should ensure that young people and children benefit significantly from our games by promoting a positive, healthy and participatory approach in our work with underage players. In developing the skills levels of every player, Coaches should always encourage enjoyment and fun while ensuring meaningful participation in our games and activities. **Coaches should always remember that they are role models for the players in their care.**

### **RECRUITMENT OF COACHES:**

**All Coaches working with young people and children are required to be suitable for their chosen role(s), and should be appropriately trained, qualified and supported to fulfil such roles. All persons working or volunteering for such roles are required to:**

- Undertake agreed vetting and background Garda checks within the jurisdiction(s) in which they operate
- Attend relevant Gaelic Games child safeguarding training
- Possess a coaching qualification relevant to their role as recognised by their Association Coaches of adult teams.

### **COACHES SHOULD MAINTAIN A CHILD CENTRED APPROACH**

- Respect the rights, dignity and worth of every person.
- Treat each person equally regardless of age, gender, ability, ethnic origin, cultural background or religion.
- Be positive during coaching sessions, games and other activities so that underage players always leave with a sense of achievement and an increased level of self-esteem.
- Recognise the development needs and capacity of all underage players, regardless of their ability, by emphasising participation for all. Skills development and player satisfaction should have priority over competition when working with underage players.
- Ensure all those eligible to participate in any team within the club are provided with an opportunity to do so with preference given to their own age group.
- Develop an understanding of relevant coaching methods and ensure that they have the appropriate level of coaching accreditation.
- Do not equate losing with failure and do not develop a preoccupation with medals and trophies. The level of improvement made by underage players is the best indicator of effective coaching.

### **COACHES SHOULD LEAD BY EXAMPLE**

- Never use foul language or provocative language/gestures to a player, opponent or match official. • Only enter the field of play with the Referee's permission.
- Do not question a Referee's decisions or integrity.
- Encourage players to respect and accept the judgement of match officials.
- Promote Fair Play and encourage all players and fellow officials to always play by the rules of the game.
- Do not encourage or threaten a player by deed or gesture to act in any unacceptable manner towards an opponent, fellow player or official.
- Promote the RESPECT campaign amongst your players, fellow coaches, parents and supporters.
- Do not smoke while working with underage players. • Do not consume alcohol or non-prescribed drugs immediately prior to or while underage players are in your care
- Encourage parents to become involved in your team and Club activities wherever possible.

## **CONDUCT OF COACHES WHEN WORKING WITH YOUNG PEOPLE**

- Develop an appropriate working relationship with children based on mutual trust and respect.
- Challenge Bullying in any form whether physical, emotional, psychological or on social media. Bullying is not acceptable behaviour be it from a young person, coach, parent/guardian, spectator or match official.
- Don't shout at or lecture players or reprimand/ridicule them when they make a mistake. Children learn best through trial and error. Children and young people should not be afraid to risk error so as to learn.
- The use of any form of physical punishment is prohibited as is any form of physical response to misbehaviour, unless it is by way of restraint.

Coach/Mentor Signature : \_\_\_\_\_

Date: \_\_\_\_\_



# Killeedy Camogie Code of Behaviour

## Parents/Guardians

Parents/Guardians have an influential role to play in assisting and encouraging their children to fully participate in Gaelic Games, whether by playing our games or attending training or coaching sessions. Our Associations constantly seek the active participation of all parents and guardians, particularly at Club level, where the ethos of volunteerism forms the basis of our community led Clubs. In common with Coaches and Club personnel the Parents/Guardians of underage players should act as role models for their children as they participate in Gaelic Games.

### **PARENTS/GUARDIANS SHOULD ENCOURAGE THEIR CHILD TO:**

- Always play by the rules.
- Improve their skills levels.
- Appreciate everybody on their team, regardless of ability.
- Maintain a balanced and healthy lifestyle with regard to exercise, food, rest and play. Advice may be sought if necessary from Club officials on this issue.

### **PARENTS/GUARDIANS SHOULD LEAD BY EXAMPLE:**

- Adopt a positive attitude to their children's participation in our games.
- Respect officials' decisions and encourage children to do likewise.
- Do not exert undue pressure on your child.
- Never admonish your own child or any other child for their standard of play.
- Be realistic in their expectations.
- Show approval for effort, not just results.
  - Avoid asking a child or young person, 'How much did you score today' or 'What did you win by' or 'What did you lose by.'
- Ask them 'Did they enjoy themselves.'
- Never embarrass a child or use sarcastic remarks towards a player.
- Applaud good play from all teams.
- Do not criticise playing performances. Identify how improvements may be made.
- Do not seek to unfairly affect a game or player.
- Do not enter the field of play unless specifically invited to do so by an official in charge.

### **PARENTS/GUARDIANS SHOULD:**

- Complete the annual registration/permission and medical consent forms for their child's participation in the Club.
- Inform the Coaches, and any other relevant Club personnel, of any changes in their child's medical or dietary requirements prior to coaching sessions, games or other activities.
- Ensure that their child punctually attends coaching sessions/games or other activities.
- Provide their child with adequate clothing and equipment as may be required for the playing of our games including for example helmets, shin guards, hurley, boots, skorts, etc.
- Ensure that the nutrition/hydration and hygiene needs of their child are met.
- Never encourage your child(ren) to consume non-prescribed drugs or take performance enhancing supplements.
- Listen to what their child may have to say.
- Show approval whether the team wins, loses or draws a game.
  - Never attempt to meet their own needs and aspirations for success and achievement through their children's participation in games.

- If a parent has any issues to raise regarding their child's participation or performance in a team they may raise this with the team coach(es) but should do so in a constructive and non-confrontational manner and not in the company or vicinity of young players or other parents.
- Complaints about the conduct or practice of a coach should be brought to the attention of the relevant Club Children's Officer.
- Support your Club by becoming an active member and by participating in Club activities.

**PARENTS/GUARDIANS SHOULD ASSIST THEIR CLUB BY:**

- Showing appreciation to volunteers, coaches and Club officials.
- Attending training and games on a regular basis.
- Assisting in the organising of Club activities and events as requested.
- Respecting the rights, dignity and worth of every person and by treating each one equally regardless of age, gender, ability, ethnic origin, cultural background or religion.
- Not entering team dressing rooms unless deemed necessary by the team coach(es) so as to protect the privacy of other underage players.

**PARENTS/GUARDIANS HAVE THE RIGHT TO:**

- Know their child is safe and to make a complaint if they believe that their child's safety is in any way compromised.
- Be informed of problems/concerns relating to their child.
- Be informed if their child gets injured or becomes unwell.
- Complain to the relevant persons if they have concerns about the standard of coaching.
- As a member, a say in relation to decisions being made within the Club.

Parent/Guardian: \_\_\_\_\_

Childs Name: \_\_\_\_\_

Date: \_\_\_\_\_