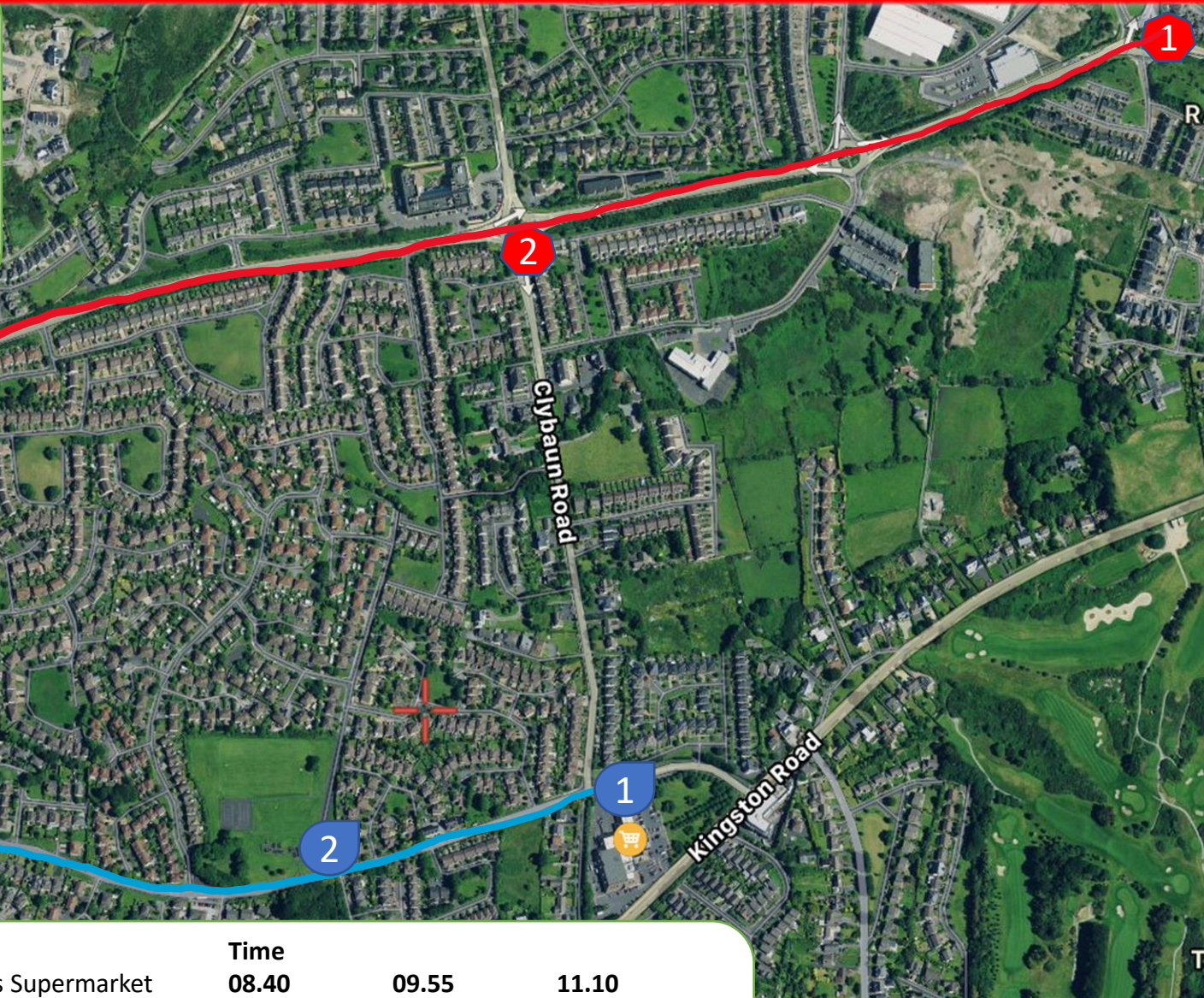




# Knocknacarra F.C. CycleBus



### Route 1

	Time		
1. Millers Lane	08.40	09.55	11.10
2. Clybaun Road	08.44	09.59	11.14
3. Ballymoneen Road	08.47	10.02	11.17
4. Manor Court	08.50	10.05	11.20
5. Cappagh Park	08.55	10.10	11.25
<b>Training begins</b>	<b>09.00</b>	<b>10.15</b>	<b>11.30</b>

### Route 2

	Time		
1. Joyce's Supermarket	08.40	09.55	11.10
2. McGraths Field	08.43	09.58	11.13
3. Knocknacarra Church	08.47	10.02	11.17
4. Cappagh Stores	09.50	10.05	11.20
5. Cappagh Park	08.55	10.10	11.25
<b>Training begins</b>	<b>09.00</b>	<b>10.15</b>	<b>11.30</b>

Return journey leaves 5 minutes after training ends