

Club code of conduct for players of all ages:

- ☐ Always play by the rules
- ☐ Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background, or religion
- ☐ Not undertake verbal abuse of officials or other athletes/players, nor deliberately distract or provoke an opponent
- ☐ Work equally hard for yourself and your team, and cooperate with your coach, teammates and opponents
- ☐ Not undertake unfair advantage of another competitor
- ☐ Bring to the attention of the governing body, your coach or captain any behaviour or decision which you believe to be unsporting
- ☐ Display graciousness towards your sport and others within your sport on social media

Children/young people are expected to

- Be loyal and give their friends a second chance.
- Be friendly and particularly welcoming to new members.
- Be supportive and committed to other team members, offer comfort when required.
- Not get involved in inappropriate peer pressure and push others into something they do not want to do.
- Keep within the defined boundary of the playing/coaching area. Coaches are responsible for supervising players in the hall only. (Players should be dropped to the hall door and collected from the hall door by parents/guardians. Players should not be left unsupervised outside the training hall and/or in the grounds of the school.)
- Behave and listen to all instructions from the coach. Play within the rules and respect the official and their decisions.
- Take care of equipment owned by the club.
- All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background or religious beliefs or sexual identity.
- Refrain from the use of bad language or racial/sectarian references. This includes bullying using technologies like social media or texting.
- Refrain from bullying or persistent use of rough and dangerous play.
- Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- Members must wear suitable kit – Club jersey and shorts as supplied, appropriate running attire, no t-shirts except compression shirts inside jersey, any joint supports are permissible. No jewellery, false nails and long hair must be tied back or braided – for training and match sessions, as agreed with the coach/team manager.
- Junior members are not allowed to smoke on club premises or whilst representing the club at competitions.
- Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.
- Show respect to other youth members/leaders and show team spirit.
- Keep themselves safe.
- Report inappropriate behaviour or risky situations for youth members.
- Play fairly and be trustworthy.

- Respect officials and accept decisions.
- Show appropriate loyalty and be gracious in defeat.
- Challenge or report the bullying of your peers.
- Respect opponents.
- Not cheat or be violent/aggressive.
- Not use violence.
- Make your club a fun place to be.

Children/Young people have the right to

- Be safe and happy in their chosen activity.
- Be listened to.
- Be respected and treated fairly.
- Privacy.
- Enjoy your sport in a protective environment.
- Be referred to professional help if needed.
- Be protected from abuse by other member or outside sources.
- Participate on an equal basis, appropriate to their ability.
- Experience competition and the desire to win.
- Be believed.
- Ask for help.
- Any misdemeanours and general misbehaviour will be addressed by the immediate coach and reported verbally to the designated person. Persistent misbehaviour will result in dismissal from the club/sport. Parents will be informed at all stages.
- Dismissals can be appealed by the coach/volunteer with final decisions taken by the club committee or referred to the governing body depending on the disciplinary procedures within the sport.

Code of conduct for coaches

- ☐ Comply with our safeguarding policy and procedures
- ☐ Remember that players participate for enjoyment and winning is only part of the fun
- ☐ Be reasonable in your demands on players' time, energy and enthusiasm
- ☐ Operate within the rules and spirit of the game and teach players to do the same
- ☐ Give all players equal attention and opportunities, and ensure they have a positive experience
- ☐ Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- ☐ Display control, respect and professionalism to all involved with the sport including opponents, referees, coaches, officials, administrators, the media, parents and spectators.
- ☐ Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition
- ☐ Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young players.
- ☐ Respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability or cultural background
- ☐

Code of Conduct – Parents

- Encourage your child to learn the rules & play within them.
- Discourage unfair play & arguing with officials.
- Publicly accept officials' judgments.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play & applauding good performances of all
- Never punish or belittle a child for losing or making mistakes.
- Support your child's involvement & help them to enjoy their sport.
- Use correct & proper language at all times.
- Encourage & guide participants to accept responsibility for their own performance & behavior
 - Deliver and collect the child punctually to and from coaching sessions/matches.
 - Ensure your child is properly and adequately attired for the weather conditions of the time, including shorts, shirt, socks, tracksuit, sweat-tops, hat, gloves, water bottles, sun cream etc. (insert sports specific requirements)

- Ensure that proper footwear and protective equipment are worn at ALL times in accordance with Health and Safety Regulations. Any child not in possession of the fundamental requirements will not be permitted to participate.
- Detail any health concerns pertaining to the child on the consent form, in particular breathing or chest conditions. Any changes in the state of the child's health should be reported to the coach prior to coaching sessions.
- To inform the coach prior to departure from the field of play if child is to be collected early from a coaching session.

Cód iompair club d'imreoirí de gach aois:

- ☐ Imir de réir na rialacha i gcónaí
- ☐ Meas a bheith agat ar chearta, ar dhínit agus ar fhiúntas na rannpháirtithe go léir beag beann ar a n-inscne, cumas, cúlra cultúrtha nó reiligiún
- ☐ Ná tabhair faoi mhí-úsáid béil ar oifigeach nó ar lúthchleasaithe/imreoirí eile, ná ag cur as d'aon ghnó ná ag spreagadh comhraic
- ☐ Oibrigh chomh crua duit féin agus do d'fhoireann, agus comhoibrigh le do chóitseálaí, do chomhpháirtithe foirne agus do chomhraic
- ☐ Gan buntáiste éagórach a bhaint as iomaitheoir eile
- ☐ Cuir in iúl don chomhlacht rialaithe, do chóitseálaí nó do chaptaen aon iompar nó cinneadh a chreideann tú a bheith mí-spórt
- ☐ Taispeáin grá do do spórt agus do dhaoine eile laistigh de do spórt ar na meáin shóisialta

Táthar ag súil go ndéanfaidh leanaí/daoine óga

- Bí dílis agus tabhair an dara seans dá gcairde.
- Bí cairdiúil agus fáilteach go háirithe do bhaill nua.
- Bí tacúil agus tiomanta do bhaill eile na foirne, tabhair compord nuair is gá.
- Gan a bheith páirteach i bpiarbhrú míchuí agus daoine eile a bhrú isteach i rud éigin nach bhfuil siad ag iarraidh a dhéanamh.
- Coinnigh laistigh de theorainn shainithe an limistéir imeartha/cóitseála. Is iad na cóitseálaithe amháin atá freagrach as maoirsiú a dhéanamh ar imreoirí sa halla. (Ba chóir imreoirí a scaoileadh go doras an halla agus a bhailiú ó dhoras an halla ag tuismitheoirí/caomhnóirí. Níor cheart imreoirí a fhágáil lasmuigh den halla traenála agus/nó ar thailte na scoile gan maoirsiú.)
- Iompar agus éist le gach treoir ón gcóitseálaí. Imir laistigh de na rialacha agus meas an t-oifigeach agus a gcinntí.
- Tabhair aire do threalamh atá faoi úinéireacht an chlub.
- Ní mór do gach ball meas a bheith aige ar chearta, ar dhínit agus ar fhiúntas gach rannpháirtí beag beann ar aois, inscne, cumas, cine, cúlra cultúrtha nó creideamh reiligiúnach nó féiniúlacht ghnéasach.
- Staon ó úsáid na drochtheanga nó tagairtí ciníochais/seicneacha. Áirítear leis seo bulaíocht a úsáideann teicneolaíochtaí mar na meáin shóisialta nó téacsáil.
- Staon ó bhulaíocht nó úsáid leanúnach a bhaint as súgradh garbh contúirteach.
- Ba cheart d'imreoirí cloí leis na hamanna comhaontaithe le haghaidh traenáil agus comórtais nó a gcóitseálaí nó bainisteoir foirne a chur ar an eolas má tá siad le bheith déanach.
- Caithfidh baill feisteas oiriúnach a chaitheamh – geansaí an chlub agus shorts mar a sholáthraítear é, feisteas reatha cuí, gan t-léinte seachas léinte comhbhrú taobh istigh den gheansaí, ceadaítear aon tacaí comhpháirteacha. Ní gá aon seodra, tairní bréagacha nó gruaig fhada a cheangal siar nó a braid – le haghaidh seisiúin traenála agus cluichí, mar atá aontaithe leis an gcóitseálaí/bainisteoir foirne.
- Ní cheadaítear do bhaill sóisearacha tobac a chaitheamh ar áitribh an chlub nó fad a bhíonn siad ag déanamh ionadaíochta don chlub ag comórtais.
- Níl cead ag baill sóisearacha alcól nó drugaí de chineál ar bith a ól ar áitreabh an chlub nó fad a bhíonn siad ag déanamh ionadaíochta don chlub.
- Léirmheas ar bhaill/ceannairí óige eile agus léirigh spiorad foirne.

- Coinnigh iad féin sábháilte.
- Tuairiscigh iompar míchuí nó cásanna contúirteacha do bhaill óga.
- Imirt go cothrom agus a bheith iontaofa.
- Meas a thabhairt d'oifigigh agus glacadh le cinntí.
- Taispeáin dílseacht chuí agus glac go huasal leis an gcailliúint.
- Dúshlán nó tuairisc a thabhairt ar bhulaíocht do chomhghleacaithe.
- Meas a chéile comhraic.
- Gan caimiléireacht ná bí foréigneach/ionsaitheach.
- Ná húsáid foréigean.
- Déan do chlub áit spraíúil le bheith ann.

Tá sé de cheart ag leanaí/daoine óga

- Bí sábháilte agus sásta ina ngníomhaíocht roghnaithe.
- Bígí ag éisteacht.
- Go mbeadh meas agat agus go gcaitear go cothrom leo.
- Príobháideacht.
- Bain sult as a spórt i dtimpeallacht chosanta.
- Atreorú chuig cúnamh gairmiúil más gá.
- A bheith cosanta ar mhí-úsáid ag ball eile nó foinsí seachtracha.
- Páirt a ghlacadh ar bhonn comhionann, a oireann dá gcumas.
- Taithí iomaíocht agus an fonn a bhuachan.
- Creidtear.
- Iarr cabhair.
- Tabharfaidh an cóitseálaí láithreach aghaidh ar aon mhí-iompraíocht nó aon mhí-iompar ginearálta agus tuairisceoidh sé ó bhéal don duine ainmnithe. Dífhostú den chlub/spórt a bheidh mar thoradh ar mhí-iompar leanúnach. Cuirfear tuismitheoirí ar an eolas ag gach céim.
- Is féidir leis an gcóitseálaí/oibrí deonach achomharc a dhéanamh maidir le dífhostú agus déanann coiste an chlub na cinntí deiridh nó féadfaidh siad iad a chur faoi bhráid an chomhlachta rialaithe ag brath ar na nósanna imeachta araíonachta laistigh den spórt.

Cód iompair le haghaidh coitseálaithe

- ☐ Cloí lenár mbeartas agus nósanna imeachta cosanta
- ☐ Cuimhnigh go bhfuil imreoirí rannpháirteach ar mhaithe le taitneamh agus nach bhfuil an bua ach mar chuid den spraoi
- ☐ Bí réasúnta i d'éilimh ar am, fuinneamh agus díograis na n-imreoirí
- ☐ Oibriú laistigh de rialacha agus spiorad an chluiche agus imreoirí a mhúineadh chun an rud céanna
- ☐ Tabhair aire agus deiseanna comhionanna do gach imreoir, agus cinntigh go bhfuil eispéireas dearfach acu
- ☐ A chinntiú go gcomhlíonann trealamh agus saoráidí caighdeán sábháilteachta agus go bhfuil siad oiriúnach d'aois agus d'inniúlacht gach imreoir.
- ☐ Taispeáin smacht, meas agus gairmiúlacht do gach duine a bhfuil baint acu leis an spórt lena n-áirítear comhraic, réiteoirí, cóitseálaithe, oifigigh, riarthóirí, na meáin, tuismitheoirí agus lucht féachana.
- ☐ Lean comhairle lianna agus cinneadh á dhéanamh an bhfuil imreoir gortaithe réidh chun oiliúint nó iomaíocht a thosú arís
- ☐ Faigh cáilíochtaí cuí agus coinnigh suas chun dáta leis na cleachtais chóitseála is déanaí agus le prionsabail fáis agus forbartha imreoirí óga.
- ☐ Meas a bheith agat ar chearta, ar dhínit agus ar fhiúntas gach duine atá páirteach sa chluiche, beag beann ar a n-inscne, a gcumas nó a gcúlra cultúrtha

Cód iompair – Tuismitheoirí

- Spreag do pháiste leis na rialacha a fhoghlaim agus an súgradh laistigh díobh.
- Imirt éagórach a dhíspreagadh & ag argóint le hoifigigh.
- Glacadh go poiblí le breithiúnais oifigeach.
- Cabhraigh le do leanbh dea-fheidhmíocht a aithint, ní torthaí amháin.
- Ná cuir iallach ar do leanbh páirt a ghlacadh i spórt.
- Dea-shampla a thabhairt trí chothrom na féinne a aithint & dea-ghníomhaíochtaí gach duine a mholadh
- Ná cuir pionós ná miondealú ar leanbh as a gcailliúint nó as botúin a dhéanamh.
- Tacaigh le rannpháirtíocht do linbh & cuidigh leo taitneamh a bhaint as a spórt.
- Bain úsáid as teanga cheart agus cheart i gcónaí.
- Rannpháirtithe a spreagadh agus a threorú le freagracht a ghlacadh as a bhfeidhmíocht & a n-iompraíocht féin

- Tabhair agus bailigh an leanbh go poncúil chuig agus ó sheisiúin/chluichí cóitseála.
- Cinntigh go bhfuil do leanbh feisteas cuí agus cuí do choinníollacha aimsire an ama, lena n-áirítear brístí gearra, léine, stocaí, culaith spóirt, bairr allais, hata, lámhainní, buidéil uisce, uachtar gréine srl. (cuir isteach sainriachtanais spóirt)
- A chinntiú go gcaitear coisbheart cuí agus trealamh cosanta GACH uair de réir na Rialachán Sláinte agus Sábháilteachta. Ní cheadófar do leanbh ar bith nach bhfuil na bunriachtanais ina sheilbh aige a bheith rannpháirteach.
- Sonraigh aon imní sláinte a bhaineann leis an leanbh ar an bhfoirm toilithe, go háirithe riochtaí análaithe nó cliabhraigh. Ba chóir aon athruithe ar staid sláinte an linbh a chur in iúl don chóitseálaí roimh sheisiúin oiliúna.
- A chur in iúl don chóitseálaí roimh imeacht ón bpáirc imeartha má tá an leanbh le bailiú go luath ó sheisiún cóitseála.