

# Triathlon Ireland Code of Conduct for Members & Volunteers

This code of conduct establishes an expected standard of behaviour and professionalism for everyone involved whether in the day to day running of a club, a one off session or at an event. Members and volunteers should take full responsibility for their actions. Members and volunteers should read this code of conduct and comply fully with the points below. Any breach of this code of conduct could result in disciplinary action by Triathlon Ireland and could jeopardise future participation within the sport. This code of conduct extends to all Triathlon Ireland activities, club sessions and events.

## 1. Conduct and Respect

- 1.1. Consider how they behave and act when representing themselves, their club and Triathlon Ireland.
- 1.2. Be aware of and comply with all relevant rules, regulations, and policies governing the sport of triathlon including but not limited to competition rules, safeguarding policies, safety guidance and anti doping rules.
- 1.3. Encourage fair play and ensure safety is paramount in sport, putting the welfare of participants first.
- 1.4. Ensure any sporting equipment that they use is 'fit for purpose'
- 1.5. Respect the differences between everyone at Triathlon Ireland and club activities in terms of age, civil status, disability, family status, gender, housing assistance payment, membership of the traveller community, race, ethnicity, religion, sexual orientation and gender expression and identity. (Statement from the Equal Status Acts, IHREC.)
- 1.6. Help to make club activities inclusive and welcoming to everyone.
- 1.7. Encourage and applaud good performances and effort from participants and opponents alike, regardless of the result.
- 1.8. Show appreciation to volunteers, coaches, clubs, and officials.
- 1.9. Bring to the attention of the governing body, their coach or other club personnel any behaviour or decision which they believe to be unsporting
- 1.10. Report breaches of the code of conduct to the appropriate person or committee conscious of the fact that such matters may be followed up in accordance with rules set by a club or organisation. • Ensure complaints including rumours are not ignored and are dealt with appropriately, following the relevant procedures. • Report incidents/accidents to the relevant persons.
- 1.11. Cooperate with any investigation in respect of an alleged breach of the code of conduct.

- 1.12. Keep and store securely all documentation in a confidential manner with respect to meetings, correspondence, incident reports and minutes of committee meetings.

**2. Triathlon Ireland members and volunteers should not:**

- 2.1. Be aggressive or display abusive or bullying behaviour
- 2.2. Undertake unfair advantage over another competitor
- 2.3. Verbally abuse officials or other athletes with abusive language or actions, nor deliberately distract or provoke an opponent
- 2.4. Harass participants, supporters, coaches, or referees/ officials.

**3. Social Media**

- 3.1. All members of Triathlon Ireland are expected to uphold a respectful and responsible presence on social media. This includes refraining from posting or sharing content that is offensive, discriminatory, defamatory or otherwise harmful to the reputation of the organisation, its members or the wider community.
- 3.2. Members should avoid engaging in online arguments, bullying or harassment and must respect the privacy of others at all times.
- 3.3. Any use of the organisation's name, logo or images must be authorised and in line with official guidelines.
- 3.4. By maintaining a positive and professional online presence members contribute to a safe and supportive sporting environment for everyone.

**Members and Volunteers working with Juniors.**

In addition to the above all members should have an awareness of the safeguarding practices at their club and club activities. Safeguarding is everyone's responsibility. This means creating a child - centred environment, following Triathlon Ireland [Safeguarding policies](#) and reporting anything that occurs which has or may put a child at risk or contravenes the Triathlon Ireland codes of conduct.

**4. Triathlon Ireland members and volunteers should:**

- 4.1. Respect the rights of their child or children in their care and all other athletes, officials, staff and volunteers.
- 4.2. Show patience and understanding towards young athletes and support their welfare through club activities and events.
- 4.3. Ensure the young athletes are adequately supervised at all times.
- 4.4. Promote relationships with athletes, officials, volunteers and other event attendees that are based on openness, honesty, trust and respect.
- 4.5. Demonstrate positive behaviour at all times, providing a role model for young athletes.
- 4.6. Cooperate with recommendations from medical and ancillary practitioners in the management of a child's medical or related

problems

- 4.7. Fully uphold the policies and regulations of Triathlon Ireland as well as those of the club or event safeguarding policies

**5. Triathlon Ireland members and volunteers should not:**

- 5.1. Use bad or offensive language or use inappropriate gestures in the presence of any young people.
- 5.2. Condone rule violations or the use of prohibited substances.
- 5.3. Exert undue influence over a participant in order to obtain personal benefit or reward.
- 5.4. Shout at or berate any child taking part in club activities or events.
- 5.5. Allow or engage in inappropriate physical contact of any kind or make sexually suggestive comments about or to a child or young person.
- 5.6. Allow or engage in bullying behaviour, rough physical games, sexually provocative games.
- 5.7. Consume alcohol or smoke (cigarettes or e-cigarettes) at Triathlon Ireland club activities and events.
- 5.8. Post or share on social networking sites or websites images or text that is harmful, abusive, used to taunt, bully or that is in breach of the relevant policies, procedures and guidance set out by Triathlon Ireland and associated events.
- 5.9. Take part in an activity that will bring Triathlon Ireland, the club or event into disrepute.

**6. Responding and reporting**

- 6.1. If a child or young person shares their concerns with an adult at a Triathlon Ireland club session or event or outside of a Triathlon Ireland activities they should listen, stay calm, not make judgements or false promises and must in a timely manner inform the club children's officer or event safeguarding lead.
- 6.2. Triathlon Ireland members and volunteers should report any concerns, accidents or incidents to the club children's officer, event safeguarding lead or/and the Triathlon Ireland National safeguarding lead.

[Triathlon Ireland safeguarding contacts](#)

[Triathlon Ireland Safeguarding policies](#)