

# **Code of Conduct for Parents, Players & Coaches**

## **Ballinderreen Camogie Club Code of Conduct for Parents and Players**

### ***PARENTS / GUARDIANS should encourage their child to:***

- *Play by the rules.*
- *Improve their skills levels.*
- *Appreciate everybody on their team, regardless of ability.*

### ***PARENTS / GUARDIANS must lead by example and must:***

- *Respect all coaches, mentors, officials and opponents*
- *Respect officials' decisions and encourage children to do likewise.*
- *Not exert undue pressure on your child.*
- *Never admonish your own child or any other child for their standard of play.*
- *Be realistic in their expectations.*
- *Show approval for effort, not just results.*
- *Never embarrass a child or use sarcastic remarks towards a player.*
- *Applaud good play from all teams.*
- *Not seek to unfairly affect a game or player.*
- *Not enter the field of play or play area unless invited to do so by an official in charge.*

### ***PARENTS / GUARDIANS should:***

- *Complete and return the registration/permission and medical consent forms for their child's participation.*
- *Ensure that their child punctually attends coaching sessions/games or other activities.*
- *Provide their child with proper clothing and equipment.*
- *Listen to what young people have to say.*
- *Show approval whether the team wins, loses or draws a game.*
- *Never attempt to meet their own needs and aspirations for success and achievement through their children's participation in games.*

### ***PLAYERS must always:***

- *Play fairly, do their best and enjoy themselves.*
- *Respect fellow team members regardless of ability, ethnic origin, cultural background or religion.*
- *Support fellow team members whether they do well or not so well.*
- *Represent their team, their club and their family with pride and dignity.*
- *Respect all coaches, mentors, officials and their opponents.*
- *Be gracious in defeat and modest in victory.*

- *Shake hands before and after the game irrespective of the result.*
- *Inform their coach/mentor/manager when they are unavailable for training and games.*
- *Talk to the Club Children's Officer with any concerns or questions they may have.*
- *Adhere to acceptable standards of behaviour and their Club's Code of Discipline.*
- *Tell somebody else if they or others have been harmed in any way.*
- *Take due care of club equipment.*

**PLAYERS must not:**

- *Cheat – always play by the rules.*
- *Shout at or argue with an official, team mates or opponents or use violence.*
- *Use unfair or bullying tactics to gain advantage or isolate other players.*
- *Spread rumours.*
- *Tell lies about adults or other young people.*
- *Play or train if they feel unwell or are injured.*
- *Use unacceptable language or racial and/or sectarian references.*

**Ballinderreen Camogie Club Code of Conduct for Coaches**

**COACHES SHOULD MAINTAIN A CHILD CENTRED APPROACH**

- *Respect the rights, dignity and worth of every person.*
- *Treat each person equally regardless of age, gender, ability, ethnic origin, cultural background or religion.*
- *Be positive during coaching sessions, games and other activities.*
- *Recognise the development needs and capacity of all underage players, regardless of their ability, by emphasising participation for all while avoiding excessive training and competition.*
- *Recognise that skills development and personal satisfaction should have priority over competition when working with underage players.*
- *Ensure all those eligible to participate in any team within the Club are provided with an opportunity to do so with preference given to playing in their own age group.*
- *Develop an understanding of relevant coaching methods and ensure that they have the appropriate level of coaching accreditation.*
- *Do not equate losing with failure and do not develop a preoccupation with medals and trophies. The level of improvement made by underage players is the best indicator of effective coaching.*

**COACHES SHOULD LEAD BY EXAMPLE**

- *Never use foul language or provocative language/gestures towards any player, fellow coach, match official or supporter.*

- *Only enter the field of play with the referee's permission.*
- *Do not question a referee's decisions or integrity.*
- *Encourage players to respect and accept the judgement of match officials.*
- *Promote Fair Play and encourage all players and fellow officials to always play by the rules of the game.*
- *Do not encourage or threaten a player by deed or gesture to act in any unacceptable manner towards, a fellow player, coach or official.*
- *Promote the RESPECT campaign amongst your players, fellow coaches, parents and supporters.*
- *Do not smoke while working with underage players.*
- *Do not consume alcohol or non-prescribed drugs immediately prior to or while underage players are in your care.*
- *Encourage parents to become involved in your team and Club activities wherever possible.*

#### **CONDUCT OF COACHES WHEN WORKING WITH YOUNG PEOPLE**

- *Develop an appropriate working relationship with children based on mutual trust and respect.*
- *Challenge Bullying in any form whether physical or emotional. Bullying is not acceptable behaviour be it from a young person, coach, parent/guardian, spectator or match official.*
- *Do not shout at or lecture players or reprimand/ridicule them when they make a mistake. Children learn best through trial and error. Children and young people should not be afraid to risk error so as to learn.*
- *Never engage in the use of physical interventions as a form of response to misbehaviour, unless it is necessary by way of restraint.*
- *Avoid incidents of horse play or role play or telling jokes etc. that could be misinterpreted.*
- *Never undertake any form of therapy or hypnosis with children.*
- *Never encourage players to consume non-prescribed drugs or take performance enhancing supplements.*
- *Do not make energy enhancing products available to children.*
- *Never use racial and/or sectarian or homophobic references towards another coach, player, official or supporter by words, deeds or gestures.*

*(Adapted from the Joint Code of Behaviour for Camogie, GAA, Ladies' Football, Rounders and Handball)*

***Important Club Contacts for 2022***

*Child Welfare*

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