



Mallow Juvenile GAA Club Code of Conduct

- It is mandatory for all management, Coaches, and players to pay membership/ registration fee to the club. This includes your insurance and affiliation costs for the season. Failure to do so will result in you not being a club member. Therefore, not being eligible to play or train for your club, manage, coach, or select for your club, attend or represent your club at GAA functions or meetings. Parents and supporters are encouraged to become club members as it's our club and it will make it us a stronger club.
- There is a mandatory €3 fee per session for all players and coaches for the hire of the indoor and outdoor AstroTurf. This is also in place when using the lights on the grass pitches when using lights. Funds collected must be immediately placed in an envelope with the team's name on it, what was used (e.g., ½ indoor) and placed in the juvenile club post box which is next to the juvenile club notice board in the complex.
- It is mandatory for all selection committees to have a representative at every (fortnightly/monthly) juvenile committee meeting.
- It is mandatory that all Coaches / Selectors / managers attend a minimum of 3 committee meetings throughout the year.
- Players and coaches must have the appropriate equipment for playing and this includes the mandatory wearing of helmets for both hurling training and matches.
- All trainers, coaches and selectors should immediately remove all juvenile players' individual mobile phone numbers from their own mobile phone (as per Child Safeguarding guidelines). Contact should only be made through the player's parents/guardians as part of group texts, or through the Heja App for those teams utilizing Heja. These groups should only be informing parents/guardians of training/matches etc. We have a children's' officer in the club who is a designated person.
- Players, coaches, parents and supporters accept and respect the decisions of all match officials without protest. They will not always be right, but neither will you.
- Be a sportsman/ sportswoman: Win with dignity and lose with grace, always be respectful.
- Players play fair, this earns you respect, and cheating does not. Play to win and never give up against stronger opponents but never relent to weaker ones. Be competitive, be strong, be aggressive but always be in control.

- Players, Coaches, and supporters maintain emotional and physical control, do not use foul or abusive language or insulting remarks and do not physically or verbally abuse any official, player, spectator, or coach from your own or oppositions' club. Control your temper and do not retaliate. (Give Respect, Get respect – GAA initiative)
- Players, Coaches, and supporters if you have a grievance, please inform the Secretary of your club in writing and your grievance will be dealt with at a club meeting.
- Players and Coaches please attend all training sessions and matches punctually at the times advised by your coaches. If unable to attend for any reason advise your coach or one of the selection committee.
- Respect the facilities and equipment of your own and opposing clubs.
- Adult members set a positive example for others, particularly young players, and supporters. Players pick up what they see adults doing on the side-line or in the stands.
- The wearing of jewellery is forbidden during training sessions or matches for player safety.
- All injuries incurred during training sessions must be immediately reported to the coaching staff. Where injuries occur during a match the referee must be informed for inclusion in the referee's report.
- If a bus is required to attend a match or event, sanction must be sought in advance from a Juvenile Committee member. Funds collected must be immediately placed in an envelope with the team's name on it and who organised it. To be placed in the juvenile club post box; this is next to the juvenile club notice board in the complex.
- Coaches and selectors cannot seek or accept sponsorship/donations for individual teams. All sponsorship/donations are to be referred to the Juvenile Committee to be used for the benefit of the juvenile club.

Development Plan:

- This plan has been compiled for the greater good of Mallow Juvenile GAA Club and while you may not totally agree with some aspects of the plan, we hope you will understand that the clarity it brings will benefit us all in the long run.
- The Head Coach of each juvenile team must have a minimum of a Foundation Level Qualification.
- One member of each management team should have a First Aid Qualification.
- Any person involved in a juvenile team must have a Child Safeguarding course completed.
- Coaches must ensure that they have all the necessary equipment to give a training session.
- From U-5 to U-12 inclusive, those on the age (year they were born) play with that age group. The aim of these age groups is not winning but to get as many players participating as possible. All players attending any game must get some game-time as a priority. Participation is more important than winning.
- Your club wishes to make every effort to field both league and championship teams from U-13 to U-17.
- If a player is needed to play in a grade above them, a request is made to the management committee, parents and/or coach of the team the child is playing with. There should be no direct approach to any individual player to play a grade above their own grade, no individual player should be approached directly.
- At U-13 to U-17 a player's first allegiance is to the competition and training at his own age group and for his own club. Championship before League before Challenges before Training is the order of priority with the 1st allegiance to a player's own age group if a fixture clash occurs
- Our top players should be facilitated and promoted to North Cork and County development squads and teams. Our club takes precedence over these squads.
- A 48hr club embargo exists prior to Championship matches on all players playing other club fixtures.
- The main aim of this plan is to get as many players playing hurling and football as possible and retaining them as players into the adult grades. This will not be feasible if players are not looked after.
- Younger players will be getting matches at their own grade and cannot be played at the higher grade at the expense of the older player unless an 2nd team is accommodated at that higher grade.
- All players at every age group want to play matches and that is what they train for and more importantly what keeps them playing so it's important for coaches to facilitate this.
- If we keep players on the bench who are up to the age, they will not come back, regardless of their ability. Please remember that players mature at different speeds so a weak U-12 player

may turn out to be the best U-17 player.

- Your club acknowledges that in some years teams may struggle with numbers up to the age and as a result they will have to play younger players.
- An end of year report is vital for both team managements and the club moving forward. It is a chance to sit down and reflect on the positives and the negatives of the past year. The aim would be to maintain the positives and work/change the negatives into positives. It would also be an ideal platform to identify any players who have slipped away during the year and approaches can be made in the off season to get these players back for the following year. The club is run on a voluntary basis and the club executive, coaches and helpers are doing the best for the club. Any issues should be brought to the management committee.

Mallow GAA Complex Rules

- The complex is available for member use only.
- No ball playing allowed in the car parks, corridors or dressing rooms
- No footballs, sliotars or hurleys are allowed upstairs in the complex. They are to be left in reception.
- You are not allowed into any dressing room unless you are there with your team
- Gymnasium rooms and adult dressing rooms are strictly off limits to U-
- 16's
- Parties are private functions; do not interfere in any way with these events
- Jumping on bar furniture is not permitted and children are not to make a nuisance of themselves while in the bar and should be always supervised

- Malicious damage to the complex property, equipment or theft of any kind will result in your instant dismissal from the club and complex. Kids should be supervised by adults when dropped off to the complex when it's not an arranged club event/training.
- The above rules are a commonsense approach to the type of behavior required from one and all. These facilitates are there for all of us to enjoy and use.

I hereby acknowledge the Code of Conduct for Mallow GAA Juvenile Club and I confirm I will comply with the items laid out in the Code of Conduct.

Signed & Dated