



# Players Code of Conduct

## Overview:

As players are constantly in the glare of public attention and are widely recognised as the most important people in the sport, there is a considerable onus upon them to speak and act in a manner which promotes all that is good about the game and the club.

As a player, I will:

- Make every honest effort to develop my sporting ability, to include fitness, skill, technique and tactical ability.
- Strive to set a positive example for younger players and supporters.
- Safeguard the physical fitness of opponents, avoid violence and rough play, and where possible help injured opponents.
- Give maximum effort and strive for the best possible performance during each game.
- Avoid all forms of gamesmanship, and time wasting.
- Refrain from using inappropriate language particularly to referees/officials and other players.
- Make every effort consistent with fair play and the laws of the game to help my team win.
- Abide by the laws, rules of the game and of any given competition, both in fact and in spirit.
- Accept victory and defeat with equanimity.
- Resist any temptation to consume or otherwise imbibe any banned substances.
- Treat opponents with respect at all times.
- Demonstrate due respect towards match officials.
- Accept the decisions of the match officials without protest.
- Avoid words or actions which may mislead a match official.
- Abide by the lawful instructions and directions of mentors and team officials.
- Act towards the mentors and officials of the opposing side in a respectful manner.
- Demonstrate due regard for the interest of supporters.
- Not act or speak so as to incite or encourage supporters to act in a way that may endanger the safety of anyone attending or participating in the game.
- Not either directly or indirectly place a bet on the outcome of any game in which I am involved.
- Have regard to the best interests of the game when publicly expressing an opinion on the game or on others involved in the game.
- In making public comments on a particular fixture or on the game in general, I will be mindful of upholding and promoting the good name of the game and others involved in it in the wider community.