

Greenisland FC



Greenisland Ladies FC



It does not matter what religion, colour, nationality or sexual orientation you are, this is a football club. If you have any problems with this then do not sign



Management Structure

Manager = Gillsey Assistant manager/Coach = Jimmy Johnstone Coach = Colin Sewell S&C Coach = Kent Swann



Membership

£20 per season to register as a member of Greenisland FC

Monthly dues = £30 per month (paid via pitchero – <u>www.greenislandfc.com</u>) £15 per month if not working, a student or a coach at GFC



Clothing

Full tracksuit and polo shirt (compulsory) Tracksuit = £35 Polo shirt = £17 (Only to be worn on match days)

All other training wear including hoodies is optional.



Training

Wednesday – 7pm to 8.30pm Friday – 6pm to 7.30pm (S&C) Sunday – 1.30pm to 3pm

If you cannot make training, you must ring the manager. If you work shifts, you must give the manager a copy of your shift plan.

Training is compulsory, including content of sessions. If you do not like the content of sessions – do not come back.



Match Preparation

No alcohol to be consumed 72 hours before a match.

No sport or exercise 24 hours before a match (5-a-side, weights etc.)





Matchday =

£10 for every item of tracksuit/polo that is missing.

If you are selected for the squad and you are not available other than injury = $\pounds 10$



Chaplain Physio Mental Health Team



Role Models

We are no better than any other club, but we are different. We have over 300 children between the ages of 6 and 16 in our Foundation, Youth, Girls, Bears and Community sections. If we are training or playing near our younger players, we do not use: Foul language Talk about alcohol/partying Talk about sex (ever) This applies if you see a player in the street, you are a role model for these children. He/she belongs to the same club as you.



Social Media

Do not wind up opposing players and/or teams.

Be conscious that junior members of our club have access to social media.





GFC is a drug free club. If you are found to be using recreational drugs whilst a member of our club – you will be

OUT!



Minimum Requirement

The minimum requirement at Greenisland FC is 100% effort for training and matches



There is only one guarantee at Greenisland FC – that is... There are NO guarantees.

Signing for GFC

If you cannot cope or have a problem with being
 Substitute
 Taken off
 Not selected for the squad

DO NOT sign for this football club.



Signing for GFC

If you intend to sign for GFC – sign today.
If you are still considering signing for GFC – you will not train or play until you do so.

If you have any issues with any of this presentation – do not sign for Greenisland Football Club.



If you do sign:

WELCOME To Greenisland FC

#WeAreOne #TheJourneyContinues